

Inclusion & Therapeutic Recreation Services

INCLUSION is an award-winning service that provides accommodations to persons with disabilities for participation in recreation programs, facilities and leisure activities offered to the community. Inclusion also includes community/staff trainings, disability awareness programs, and accessibility of park trails and recreational facilities. Citizens with disabilities are encouraged to recreate with their peers by taking any class listed in this brochure. For more information or to request an accommodation, call 259-5354.

Essential Eligibility Requirements

The basic eligibility requirements for all programs, camps, classes, and events are listed below. In addition to the requirements, there may be specific requirements for each program, camp, or class. Please call Inclusion Services if you have questions.

1. Capacity

The capacity for each program is based on ratio and logistics. If the maximum enrollment for a program has been met, a participant may be unable to enroll or placed on a wait list.

2. Charges and Fees

Payment is due upon registration. Payments must be received before admission into any program.

3. Conduct

All participants are required to follow the rules of conduct in the James City County Behavior Policy.

Requesting an Accommodation

To make a request, check the Accommodation Request Box on the registration form or call 259-5354. An Inclusion Services staff member will contact the participant or guardian to complete an assessment (Inclusion Profile) to determine the most reasonable accommodations. To ensure accommodations are met, a three-week notice is requested before program begins.

Accessible Equipment

- The JCWCC's fitness area is equipped with special adaptive equipment for those who use wheelchairs, lack mobility or require physical therapy. This equipment was purchased with a grant from the Peninsula Disability Services Board.
- For swimmers who use wheelchairs, aquatic chairs are available at the JCWCC in the aquatic area.
- Kidsburg (located at Mid County Park) has an adaptive swing for children with disabilities.
- Also visit "My Place," the new inclusive playground adjacent to the JCWCC.

Americans with Disabilities Act (ADA) Statement of Compliance

JCC Parks and Recreation welcomes individuals with disabilities to participate in all recreation programs and activities and does not discriminate based on disability. Reasonable accommodations will be made to enable an individual's participation in a program as long as they meet the essential eligibility requirements. If you have ADA compliance concerns, please contact the ADA Compliance Coordinator, Doug Powell at dpowell@james-city.va.us or call 253-6604.

**Register online for
all classes at
jccEgov.com/recreation.**

Inclusion Companion Program

Are you a retired teacher, special education aide or a therapeutic recreation or high school student interested in volunteering your time to assist persons with disabilities? To help, call 259-5403 or email vasprigg@james-city.va.us.



(ages 5-21 with disabilities)
Norge Elementary School
June 26-August 8 (7 weeks)
M-Th, noon-4:30pm
(after summer school dismissal)
Registration deadline: June 1

This exciting summer camp experience provides fun and structured activities for participants with a disability. Sessions include arts and crafts, swimming, gym games, outdoor play and community outings to enhance socialization and leisure skills. Parents are responsible for daily pickup of child. A typical camper:

- has a mild to moderate disability
- can independently, or with verbal cues, feed, bathe and toilet
- is able to function successfully within a 1:3 staff to camper ratio
- is able to adjust to changes in routine/environment with relative ease
- has the ability to effectively communicate needs to a counselor

Week 1: Little Explorers

T-Th 6/26-6/28 \$50/\$45* 906790-A
**prorated as summer school begins*

Week 2: See the Sea Secrets

M-Th 7/2-7/5* \$50/\$45 906790-B
**no program 7/4; fee prorated*

Week 3: Sports Extravaganza

M-Th 7/9-7/12 \$65/\$60 906790-C

Week 4: Kids Cuisine

M-Th 7/16-7/19 \$65/\$60 906790-D



Week 5: Sizzlin Safari

M-Th 7/23-7/26 \$65/\$60 906790-E

Week 6: Splish, Splish, Splash!

M-Th 7/30-8/2 \$65/\$60 906790-F

Week 7: Aloha Summer

M-W 8/6-8/8 \$50/\$45* 906790-G

*prorated as camp ends

Registration is underway! Forms are available at the JCWCC, JRCC and Satellite Services in Toano. All registration information must be completed and mailed by June 1 to guarantee placement for the first week of camp. Mail to:

JCC Parks and Recreation

Days of Discovery

5300 Palmer Lane, Suite 1A

Williamsburg, Virginia 23188

Registrations received after the deadline will be placed on a space available basis. For more information, call 259-5354.

Therapeutic Thursdays

FREE! NEW!

Enjoy a wide variety of nature-influenced programs held in Freedom Park's Ellipse Garden. Offered in partnership with the Williamsburg Botanical Garden and led by The Virginia Cooperative Extension Master Gardener Therapeutic Gardening volunteers. For information including course descriptions and registration details, contact Angela Cingale at arcingale@cox.net or call (757) 565-4712. FP

Adults in the Garden (ages 18+ with disabilities)

Th 3/8, 3/22, 4/12, 4/26, 10-11:30am
5/10, 5/24, 6/14, 6/28

Children in the Garden (ages 5-21 with disabilities)

Th 6/28, 7/12, 6:30-8pm
7/26, 8/9, 8/23

Teensational Socials

(ages 13-21 with disabilities)

Explore, Engage, Excel... Socialize with peers and practice social skills through fun recreational activities and field trips in the community. Sign up for one or all! For more information, call 259-5354. JCWCC

Let's All Go to the Movies

Join us for a movie and snacks at Movie Tavern in High Street.

Sat 3/3 \$20/\$15 1-3:30pm 810901-A

3 Strikes

Let's see who can get the highest score while bowling at Yorktown Lanes.

Make sure you save room for pizza.

Sat 3/17 \$20/\$15 1-3:30pm 810901-B

SenseSational Gardening

We'll take a short trip to the Williamsburg Botanical Therapy Garden and test out our green thumbs!

Sat 4/14 \$20/\$15 1-3:30pm 810901-C

Meet at the Pool

Learn water safety skills or just splash around in the pool at the James City/Williamsburg Community Center.

Sat 4/28 \$20/\$15 1-3:30pm 810901-D

Buddy Art

FREE!

(youth ages 7+ with special needs and/or physical disabilities)

A variety of art activities are offered based on participant ages, ability levels, and interests. Each class features activity stations and a special project based on the week's theme. Participants are assigned a volunteer "Buddy" to work with them one-on-one. For more information, visit thiscenturyartgallery.org/BuddyArt or contact karenschwartzart@cox.net or (757) 565-2795. Sponsored by This Century Art Gallery in partnership with volunteers from William and Mary and JCC Parks and Recreation. Sessions begin in September.

Buddy Ball

(boys and girls, ages 5-20 with special needs)

Buddy Baseball is provided in partnership with the Williamsburg Youth Baseball League. Players are assisted by one-on-one volunteer buddies, who make it possible to adapt play to individual player needs. The next season runs April-May and games are held on Sundays from 2-3pm starting Sunday April 15. Registration fee is \$20. Please call (757) 565-2795 for more information.

Achilles International Track Club

The club assists those with all types of disabilities to participate in mainstream athletics. Team workouts for individuals with disabilities of all levels and ages every Tuesday from 5:30-6:30 pm. Meet behind Virginia Center for Physical Therapy in New Town, 5400 Discovery Park Boulevard. For information, contact Ann DeGruy Scanlon at (757) 589-1772 or achilleswilliamsburg@yahoo.com.

Williamsburg/James City County Public Schools Special Education Advisory Committee



Want to impact the lives of youth with disabilities? We welcome and encourage your participation in understanding and supporting the interests and needs of youth with disabilities. For more information on the meetings, please contact Beth Haw at menkhaw@gmail.com or Sharon Mackert at mackerts@yahoo.com or call (757) 876-7017. JCWCC
Th 3/8, 4/12, 5/10 6:30-8pm